

# 2019-2020 TTC Catalog

## CUL 103 Nutrition

Lec: 3.0 Lab: 0 Credit: 3.0

This course is a study of general nutritional needs of the life cycle, including carbohydrates, proteins, fats, vitamins, and minerals. Practical applications for the food service professional are emphasized.

### **Course Offered**

Fall

Spring

### **Grade Type**

Letter Grade

### **Division**

Culinary Institute of Charleston